

Date:  
Name:  
D.O.B:  
NHS no.

## Patient Questionnaire

Safe and effective warfarin treatment needs close monitoring. To make sure all patients are receiving the best possible care we are asking people to fill in this short questionnaire.

**1. What condition are you taking warfarin for?**

- a) Pulmonary Embolism / Deep Vein Thrombosis
- b) Atrial Fibrillation
- c) Mechanical Heart Valves
- d) Other : Please specify --


**2. What is your target INR?**

- a) 2.0-3.0
- b) 2.5-3.5
- c) 3.0-4.0
- d) Other: Please specify--


**3. What is the main role of oral anticoagulants?**

- a) Prevent fluid building up around the heart.
- b) Prevent the further formation and/or the extension of clots in the blood stream.
- c) Breakdown clots present in the blood stream.
- d) Prevent patients from bleeding.


**4. What is the most frequent side effect of oral anticoagulants?**

- a) Passing urine frequently
- b) Dizziness
- c) Blurred vision
- d) Bruising/bleeding


**5. When should an oral anticoagulant be taken?**

- a) At 8am.
- b) At 12pm.
- c) At 8pm.
- d) The same time each day.


**6. What action should be taken if a dose of oral anticoagulant is missed?**

- a) Take a double dose of the oral anticoagulant.
- b) Check your INR immediately and then take an extra dose of oral anticoagulant.
- c) Take your next scheduled dose at the usual time and inform Anticoagulation Service
- d) Take 3mg extra of the oral anticoagulant for 2 days.


**7.What action should be taken if an extra dose of oral anticoagulant is taken by mistake?**

- a) Miss 2 days of the oral anticoagulant.
- b) Check your INR within 2 hours of taking the oral anticoagulant.
- c) Recheck your INR the next day and inform anticoagulation service
- d) Miss 1 day of the oral anticoagulant.


**8. What effect can other medications have on your INR?**

- a) Mostly raise the INR result.
- b) Mostly lower the INR result.
- c) May lower or raise the INR result.
- d) Have little effect on the INR result.


**9. What action should be taken if dental treatment, surgery or medical interventions are required?**

- a) Omit your oral anticoagulant for 7 days before the treatment.
- b) Contact the Anticoagulant Team, Surgeon or your general practitioner for advice.
- c) Halve the dose of your oral anticoagulant for 7 days before the treatment.
- d) Reduce your dose to 3mg daily for 3 days before the treatment.


**10. What vitamin is used to reverse the effect of warfarin?**

- a) Vitamin E.
- b) Vitamin C.
- c) Vitamin K.
- d) Vitamin D.


**11. What action should you be taking if started on new medications?**

- a) Test your INR as scheduled before
- b) Test INR on the next day
- c) Test your INR within the next 3-5 days and inform the Anticoagulation Service
- d) Omit warfarin while you are on the new medications


**12.Do you have a copy of the booklet called “Oral Anticoagulation Therapy – important information for patients”?**

YES  
NO


**13.Do you carry the credit card size “Anticoagulation Alert Card”with you at all times?**

YES  
NO


## **CoaguChek INRange – Practical Assessment**

### **1. Preparation before testing**

- a) Wash your hands in warm, soapy water and make sure your finger is thoroughly dry
- b) Have the test strips ready.
- c) Insert a new lancet into the Softclix system.
- d) Paper and pen available for documentation


### **2. Setting up the CoaguChek machine.**

- a) Switch on the CoaguChek INRange monitor
- b) Check the screen for battery status, date and time.
- c) Insert code chip if prompted
- d) Slide the test strip into the guide in the direction of the arrows
- e) Observe that the strip requires time to reach the correct temperature.


### **3. Obtaining a good capillary sample**

- a) Finger pricked on the side rather than the pad.
- b) Wait 5 seconds once the finger had been punctured.
- c) Finger milked from the knuckle out towards the finger tip.
- d) First sample obtained applied within 15 seconds onto the test strip.
- e) If insufficient sample obtained – restart with a fresh needle and different finger.
- f) Sharps disposed of appropriately (Sharps bin provided for home use)


### **4. Performing an INR test**

- a) Observe that the flashing drop of blood appears on screen prior to applying drop of blood.
- b) Drop of blood applied to the target zone on the test strip.
- c) Adequate sample has been applied to the test strip (not smeared).
- d) On board quality control is displayed to ensure your test strips are working properly.
- e) An INR result has been displayed on the CoaguChek INRange monitor.
- f) The INR result has been documented.
- g) Patient self-testing protocol followed
