

Training Programme

Staff Protocol CoaguChek INRange

1st Training Session

- **Outline training programme**
 - At least three sessions over three (ideally consecutive) weeks
 - Make-up of sessions (e.g. expected time & what will happen)
- **Demonstration of monitor:**

Meter set up

- Batteries
- Date format
- Date setting
- Time format
- Time setting
- Set test measurement
- Beep tone
- Therapeutic range

Softclix device

- Device components
- Removal of protective cap
- Depth setting
- Insertion of lancet
- Priming device
- Firing lancet
- Ejecting lancet

Test strips

- Storage conditions/handling of test strip
- Code chip
- Sample dosing area
- On board Quality Control

CoaguChek INRange

- Switch meter on
- Checking the screen for time/date/battery
- Insertion of test strip
- Confirming chip code number
- Strip warming
- Retrieving saved results
- Sites for sampling
- Time limits
- Sampling problems
- Common error codes & Roche helpline

Health & Safety

- Handwashing
- Safe disposal of sharps
- Give sharps bin
- Cleaning meter

- **Perform INR test on clinic machine (trainer)**
 - See practical assessment for guidance
- **Perform INR test on patient's machine (trainer/trainee)**
- **Obtain venous sample (1st of 3)**
- **Outline Theory & Practical Assessments**
 - Give to patient to take away and return next session
 - Provide 'Anticoagulant' patient information leaflet
 - Assess patient's understanding of the need for anticoagulation and the importance of good INR control
 - Advise patient to practice testing at home, using practical assessment as guide

2nd Training Session

- Discuss practice tests and any issues arising
- Discuss Theoretical Assessment
- Perform INR test on clinic machine (trainer)
- Perform INR test on patient's machine (trainee)
- Obtain venous sample (2nd of 3)
- Advise patient to practice testing at home, using practical assessment as guide

3rd Training Session

- Discuss practice tests and any issue arising
- Perform INR test on clinic machine (trainer)
- Perform INR test on patient's machine (trainee)
 - Assess patient technique using practical assessment
- Obtain venous sample (3rd of 3)

Patient assessed as competent

- Discuss patient agreement
 - Highlight procedure for notifying service of results and 6 month review
- Patient & trainer sign agreement
- Give patient copy of assessments and agreement
- Give copy of Airline letter
- Send GP a copy of patient agreement
- Document on RAID that patient has been signed-off and tick self-test box
- Please document patients details on coaguchek spreadsheet

Patient assessed as NOT competent

- Inform patient that they have not passed assessment
- Bring back for 4th training session (complete as per 3rd training session)

All sessions should also be documented on RAID along with three parallel test results.